

WAIVER DECLARATION – Your signature below signifies acceptance of this waiver.

"I understand that there can be risks associated with any recreational pursuit and hereby release the Ottawa Outdoor Club and any of its members from all liability and damage sustained by me in connection with this event. I agree to wear a life jacket or PFD at all times while on the water in a canoe or similar watercraft with the OOC."

Non-member activity fee per person:
 \$10/day, \$20/multiday
 Canoe rental fee per canoe:
 \$10/day, \$20/multiday
 Snowshoe rental fee per person:
 \$3/day, \$3/multiday
 Carpool fee:

Date:	Activity & level:	Destination & driving distance (km):	Outing distance (km):
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	INFORMATION ABOUT YOU							INFORMATION ABOUT YOUR EMERGENCY CONTACT	
	NAME (BLOCK LETTERS, PLEASE)	SIGNATURE	PHONE # (cell preferred) CELL?	Have Car?	18+	Mem- ber?	\$ Eqpt Rental	NAME (BLOCK LETTERS, PLEASE)	PHONE #
Lead									
2									
3									
4									
5									
6									
7									
8									
9									
10									
11									
12									
13									
14									
15									

TOTAL expected (this side only) \$ \$

Emergency Gatineau Park (NCC): 613-239-5353 Elsewhere (including Ottawa trails): 911

WAIVER DECLARATION – Your signature below signifies acceptance of this waiver.

"I understand that there can be risks associated with any recreational pursuit and hereby release the Ottawa Outdoor Club and any of its members from all liability and damage sustained by me in connection with this event. I agree to wear a life jacket or PFD at all times while on the water in a canoe or similar watercraft with the OOC."

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16										
17										
18										
19										
20										
21										
22										
23										
24										

LEADER INFORMATION

TOTAL expected (this side only) \$ \$

Before departure from the meeting location (many times the SHCC):

- o collect all required OOC rental and non-member activity fees from each participant
- o advise all participants of the general nature of the trip (route, expected duration, level of difficulty, degree of fitness required)
- o check to ensure that all participants have the appropriate equipment
- o request that cell phones are on during the drive (just in case contact is required, such as a car being delayed)
- o read the waiver to the group so that everyone is aware what their signature means
- o ensure that each participant has filled in and signed the form
- o recommend to any participant who, in the leader's estimation, is not sufficiently fit or adequately equipped that they switch to a less-demanding trip. **The leader has the right to refuse to allow participation of anyone whose presence, in their estimation, would be a danger to that individual or to the group**

Before departure from the activity starting point

- o request that participants privately inform leader of any serious medical issue(s) and / or medications that they may have that could affect their participation in the activity

- o ask if anyone has first-aid experience or training
- o tell non-members that their activity (but not rental) fee(s) from past 7 days can be applied to membership purchased within a week
- o bring the sign-up form along on the activity, since it includes contact information should an emergency arise
- o for canoeing or similar outing, when the water temperature is less than 15° C, bring along the OOC's extra clothing **AND** remind participants to bring change of clothes

OOO carpooling fees	Rates: www.ottawaoutdoorclub.ca/trip/fees Pay to return-trip driver
Gatineau Park summer parking fees	\$12/car/day for beach & Mackenzie King Estate parking lots, split amongst all in car (2018)
Gatineau Park winter trail fees	Cross-country ski & snowshoe passes responsibility of participant
Post-trip responsibilities	www.ottawaoutdoorclub.ca/post-trip

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